

SATORI

y o g a s t u d i o



Satori Yoga Studio is an oasis in the heart of San Francisco's downtown district.

Rated of San Francisco's Top Yoga Studios!

We are dedicated to providing urban professionals with tools to be happier, healthier, more mindful and productive in work and in life.

The Satori Difference:

- Well established yoga studio with a strong reputation and loyal client base. Owner is former HR Director.
- A wide variety of classes for all levels and interests at our conveniently located studio (7 Days/Week: before work, lunch, midday, after work + more)
- Opportunities to purchase or "buy out" an existing class for your office.
- Hire one of our expert yoga teachers to come to your office (one time or ongoing).
- Give your employees a discount on class packs + memberships (and add more perks they'll LOVE to your employees benefits package).
- Customized leadership and/or team-building workshops that incorporates mindfulness and light movement.

"Practicing yoga with co-workers makes me feel like I am privileged to work in a healthy office. Being on the mat next to someone who works across the building connects us around our common goals."

~Georgia,
Save the Redwoods League

Satori Yoga Studio
110 Sutter Street (Suite 100)
at Montgomery
415-658-7337
satoriyogastudio.com
info@satoriyogasf.com

Yoga + Pilates + Meditation + Massage + Wellness Coaching + Personal Training & More!